



November 2024

Hasbrouck Heights Middle/High
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MSHS Price List • Student Lunch: \$4.25	Mediterranean Bistro: • Personal Cheese Pizza	Great Grillers: • Juicy Cheeseburger on a Bun • Philly Cheesesteak Hoagie		1 • Freshly Prepared Garden Salad
4 • Crispy Chicken Sandwich • Peas and Carrots	5 No School	6 • Mini French Toast • Breakfast Sausages • Tater Sticks	7 No School	8 No School
11 • Popcorn Chicken • Mashed Potatoes	12 • Grilled Cheese Sandwich • Tomato Soup	13 • Confetti Pancakes • Breakfast Sausages • Crunchy Hash Browns	14 • Pasta and Meatballs • Sauteed Green Beans • Herbed Breadstick	15 • Cheesesteak Tot-Chos • Pretzel Nuggets • Mini Pizza Bagels
18 • Buffalo Chicken Wings or • BBQ Chicken Wings or • Caribbean Jerk Chicken Wings • Dinner Roll • Curly Battered Fries	19 • Seasoned Beef Scoop-A-Bowl with Cheddar Cheese, Lettuce, Diced Tomatoes, Salsa, Tortilla Chips • Black Beans	20 • Chicken Gyro • Greek Seasoned French Fries	21 • Roast Turkey with Gravy • Steamed Corn • Mashed Potatoes • Iced Pumpkin Swirl Roll	22 • General Tso's Chicken or • Sweet and Sour Popcorn Chicken or • Teriyaki Popcorn Chicken • Vegetable Fried Rice • Honey Roasted Golden Squash • Squash and Tomato Gratin
25 • Arroz con Pollo (Chicken & Rice) • Roasted Sweet Plantains	26 To Be Updated	27 Single Session Day	28 Happy Thanksgiving No School	29 No School

Lunch Served with Choice of: Fresh Fruit , Assorted Chilled Fruit , 100% Fruit Juice , Variety of Vegetables from our Harvest Market , 1% White Milk , Fat Free Chocolate Milk , Fat Free White Milk

*Menu is Subject to Change

MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.

QUESTIONS OR COMMENTS?
 Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!